GENERAL PRESENTATION

ACTIVITY DESCRIPTION

The members of the educational department provide a special training of the students from the first and second year all U.P.T. faculties. Physical Education and Sport discipline is obligatorily, being scheduled in the Syllabus during four semesters. The finality is assessed through marks (admitted-rejected), through execution of the objectives scheduled in the Syllabus.

The department team is organizing competitions in all sport disciplines during the entire university year, based on a calendar elaborated at the beginning of the university year. The sport competitions, which are organized by the department and in collaboration with the student leagues addresses to all years of studies, boys and girls.

During the base course, students can choose between the next disciplines: aerobics, medical gymnastic, basket ball, body building, fitness, football, handball, jogging, field tennis and volley ball.

A very important objective of the department team is professional perfection and self perfection, through different forms among: scientific research, scholarships, research grants, PhD, performance sports and table sports.

The entire activity is taking place on two new-fangled bases, endowed with natural and synthetically grass court, running track, fitness rooms, body building and sport games, two swimming pools, from which one is covered.

The members of the department are involved in performance sport activity representing the “Politehnica” University of Timișoara between national and international championships.

The fundamental objectives of the Physical Education and Sport Department are:

- Promoting some knowledge’s and modern orientation methods in the physic education and sport, physiotherapy and physical culture in general;
- Participation of the physical culture and of another sub domain of scientifically knowledge, in affirming and developing social contemporaneous values.

RESEARCH DOMAINS

1. Physical education
2. Sport for all
3. Performance sport
4. Sport management
5. Physiotherapy
6. Medical sport
7. Tourism sport

RESEARCH PROJECTS


BOOKS


PhD THESIS

2. Assist. dr. Gabriela Gui Bachner: “Contributions regarding perfection of management inside the syllabus activities with sport character, scientific leader: Prof. dr. Ion Dănăiață, UV - Timișoara, 2009

PUBLISHED PAPER WORKS ISI QUOTATION


PUBLISHED PAPER WORKS IN INTERNATIONAL CONFERENCES


PUBLISHED PAPER WORKS IN SCIENTIFIC U.P.T. BULLETIN


4. Groza L. - Aerobic gymnastics, the value and importance of its performance by female students of the basic course within the physical education lesson, Scientific U.P.T. Bulletin, Tom 7, Fascicola 1.2 - 2009

5. Ciorsac A. - Study of the changes in vo2max values for junior football players after a year of daily training estimated using the cooper test, Scientific U.P.T. Bulletin Tom 7, Fascicola 1.2 - 2009


**PERSPECTIVES**

- The use of modern technologies inside Ph. E.S
- The founding of two physic effort evaluation laboratories
- The creating of interdisciplinary competences inside the research team
- The organizing of table sport competitions during the entire university year
- The organizing of a Scientific Conference

**RESEARCH TEAM**

- Lect.dr. Almăjan-Guţă Bogdan
- Lect.dr. Chirilă Mariana
- Assist.dr. Ionescu Dan
- Assist.dr. Chirilă Daniel
- Assist.dr. Gui Bachner Gabriela
- Assist.urd. Ciorsac Alecu
- Assist.urd. Bianu Arcadie
- Assist.urd. Alexandru Mihai
- Assist. Groza Luminiţa
- Assist. Olariu Ovidiu
- Assist. Caba Vlad
- Assist. Răileanu Tudor
- Assist. Sărândan Sorin